Development seminar 14th &15th May

BRENDAN KERRY

- 3 x Winter Olympian
- Australian Flag bearer
- 7 times World Team Member
- 8 x National Champion
- International Gold Medalist
- Grand Prix competitor



'I want to inspire skaters of all ages to pursue their dreams.'

The workshop is open to skaters from LTS Freeskate levels through to Preliminary/Elementary level.

On ice sessions will cover: basic skating skills, steps and turns, jump rotation drills, jump development, jump techniques and spins.

Off Ice sessions will include: the importance of a good warm up, jump drills, Q & A session and info session for coaches.



MONICA MACDONALD

- Winter Olympian
- 7 times World Team Member
- World & Int'l Coach
- ISU Technical Specialist

For bookings contact Amy 0431053968